

COMPLETE
FITNESS
SOLUTIONS



VITALITY SERIES™

PRECOR®

Vitality Series™ – Upper Body, Lower Body and Core



C003ES Biceps Curl

- Dimensions (LxWxH): 119 x 102 x 145 cm (47 x 40 x 57 in)
- Weight: 180 kg (395 lbs)
- Weight stack: 78 kg (170 lbs)



C001ES Chest Press

- Dimensions (LxWxH): 99 x 130 x 175 cm (39 x 51 x 69 in)
- Weight: 205 kg (450 lbs)
- Weight stack: 110 kg (240 lbs)



C002ES Pulldown*

- Dimensions (LxWxH): 102 x 140 x 216 cm (40 x 55 x 85 in)
- Weight: 215 kg (475 lbs)
- Weight stack: 100 kg (220 lbs)



C019ES Seated Row

- Dimensions (LxWxH): 127 x 119 x 175 cm (50 x 47 x 69 in)
- Weight: 210 kg (460 lbs)
- Weight stack: 110 kg (240 lbs)



C012ES Shoulder Press

- Dimensions (LxWxH): 150 x 142 x 145 cm (59 x 56 x 57 in)
- Weight: 195 kg (430 lbs)
- Weight stack: 91 kg (200 lbs)



C023ES Triceps Extension

- Dimensions (LxWxH): 117 x 102 x 145 cm (46 x 40 x 57 in)
- Weight: 180 kg (395 lbs)
- Weight stack: 78 kg (170 lbs)



C005ES Leg Extension

- Dimensions (LxWxH): 132 x 109 x 145 cm (52 x 43 x 57 in)
- Weight: 210 kg (460 lbs)
- Weight stack: 91 kg (200 lbs)



C007ES Seated Leg Curl

- Dimensions (LxWxH): 157 x 109 x 145 cm (62 x 43 x 57 in)
- Weight: 205 kg (450 lbs)
- Weight stack: 78 kg (170 lbs)



C014ES Abdominal

- Dimensions (LxWxH): 147 x 99 x 145 cm (58 x 39 x 57 in)
- Weight: 210 kg (460 lbs)
- Weight stack: 91 kg (200 lbs)



C011ES Back Extension

- Dimensions (LxWxH): 135 x 99 x 145 cm (53 x 39 x 57 in)
- Weight: 205 kg (450 lbs)
- Weight stack: 91 kg (200 lbs)

*Also available with pulldown bar, as an optional extra.

Vitality Series™ - Dual Exercise



C024ES
Multi Press

- Dimensions (LxWxH):
183 x 152 x 175 cm (72 x 60 x 69 in)
- Weight: 205 kg (450 lbs)
- Weight stack: 110 kg (240 lbs)



C015ES
Rear Delt / Pec Fly

- Dimensions (LxWxH):
102 x 137 x 198 cm (40 x 54 x 78 in)
- Weight: 214 kg (470 lbs)
- Weight stack: 110 kg (240 lbs)



C026ES
Pulldown / Seated Row

- Dimensions (LxWxH):
193 x 122 x 221 cm (76 x 48 x 87 in)
- Weight: 222 kg (490 lbs)
- Weight stack: 100 kg (220 lbs)



C025ES
Biceps Curl / Triceps Extension

- Dimensions (LxWxH):
130 x 110 x 145 cm (51 x 43 x 57 in)
- Weight: 180 kg (395 lbs)
- Weight stack: 78 kg (170 lbs)



C027ES
Leg Extension / Leg Curl

- Dimensions (LxWxH):
163 x 109 x 145 cm (64 x 43 x 57 in)
- Weight: 240 kg (530 lbs)
- Weight stack: 110 kg (240 lbs)



C010ES
Leg Press / Calf Extension

- Dimensions (LxWxH):
193 x 109 x 175 cm (76 x 43 x 69 in)
- Weight: 250 kg (550 lbs)
- Weight stack: 135 kg (295 lbs)



C008ES
Inner / Outer Thigh

- Dimensions (LxWxH):
163 x 79 x 145 cm (64 x 31 x 57 in)
- Weight: 200 kg (440 lbs)
- Weight stack: 78 kg (170 lbs)



C028ES
Abdominal / Back Extension

- Dimensions (LxWxH):
150 x 99 x 145 cm (59 x 39 x 57 in)
- Weight: 210 kg (460 lbs)
- Weight stack: 91 kg (200 lbs)

Vitality Series™

Designed for users of all levels, the Vitality Series is easy to use. These single and dual-station strength machines are intuitive, require minimal floor space and provide a comprehensive conditioning circuit that meets the budget requirements of a wide range of fitness facilities.



Add-on Weights - Each Vitality Series station features add-on weights. Users can easily engage the add-on weight with a simple push of a lever.



Compact - The Vitality Series is designed with limited space in mind. All machines have a small footprint and a low profile design.



Frame: Titanium Experience
Upholstery: Black

Vitality Series Colors

Frame



Titanium Experience

Upholstery



Black (Standard)

Upholstery - optional



Mahogany



Imperial Blue



Paprika



Graphite



Dusty Jade



Royal Blue



American Beauty



Putty



Yew Green



Terra Cotta

- Colors may vary.
- Upholstery colors other than black are available at an additional cost.
- Custom colors are available. Please contact a Precor sales representative.

PRECOR®