## C026BP

Vitality™ Series Pin Selected

# Pulldown / Seated Row III



The reimagined Vitality™ Series Pin Selected Line provides a compact, value-priced conditioning circuit that fits the space and budget requirements for a wide range of facilities, from hospitality to multi-family residential to community centres. New contemporary styling allows you to enhance the Vitality Pin Selected strength training experience with pieces from Vitality Benches & Racks and Resolute Strength™ Pin Selected.

The Vitality™ Series Pulldown / Seated Row offers both lat pulldown and mid-row exercise positions in one space-saving machine.

An easy-to-adjust thigh hold-down pad, extended seat and foot bar facilitates both exercises. Exercisers can easily engage the add-on weight with a simple push of a lever to increase the workload.















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#### Two Exercises — One Machine

Because the Pulldown / Seated Row accommodates both the lat pulldown and mid-row exercise movements, it saves valuable floor space.

#### **Convenient Bar Storage Resists Wear**

The row bar storage keeps the bar out of the way when the pulldown is being used. With a protective coating, the storage plate resists scratches and dents.

#### **Adjustment to Fit Most**

The thigh hold-down pad features an easy-to-adjust mechanism to accommodate most exercisers.

#### **Helpful Guidance**

The conveniently located instructional placard provides step-bystep guidance on body position, movement and muscles worked.

### Specifications

**Dimensions (L x W x H):** 200 x 131 x 220 cm

Equipment weight: 225 kg Weight Stack: 100 kg Add-on Weight: 2.5 kg

Frame and Finish: Heavy-duty steel tubing is fully welded

in all structural areas. Powder-coated frame.

Warranty: Visit www.precor.com for warranty terms.

### Colour options\*

Frame

Upholstery

Black Pearl

Black

\*Colours may vary.



