## CO25BP

Vitality™ Series Pin Selected

# Biceps Curl / Triceps Extension III



The reimagined Vitality™ Series Pin Selected Line provides a compact, value-priced conditioning circuit that fits the space and budget requirements for a wide range of facilities, from hospitality to multi-family residential to community centres. New contemporary styling allows you to enhance the Vitality Pin Selected strength training experience with pieces from Vitality Benches & Racks and Resolute Strength™ Pin Selected.

The Vitality™ Series Biceps Curl / Triceps Extension features a combination biceps/ triceps grip to accommodate two exercises in one space-saving machine. Single seat adjustment ratchets for proper exercise positioning and optimal comfort. Exercisers can easily engage the add-on weight with a simple push of a lever to increase the workload.















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#### **Even Resistance with No Dead Spots**

The movement arm design ensures that exercisers experience smooth resistance through the entire range of motion, eliminating common dead spots found in similar machines.

#### **Start Exercising Faster**

The start position is easily adjusted while the exerciser is sitting in the unit, allowing them to start moving faster.

#### **Low Starting Lift Weight**

The counter-balanced movement arm provides exercisers with a low starting lift weight.

#### **Helpful Guidance**

The conveniently located instructional placard provides step-bystep guidance on body position, movement and muscles worked.

### Specifications

**Dimensions (L x W x H):** 132 x 108 x 152 cm

Equipment weight: 200 kg

Weight Stack: 77 kg Add-on Weight: 2.5 kg

Frame and Finish: Heavy-duty steel tubing is fully welded

in all structural areas. Powder-coated frame.

Warranty: Visit www.precor.com for warranty terms.

### Colour options\*

Frame

Upholstery

Black Pearl

Black

\*Colours may vary



