

# C024BP

Vitality™ Series Pin Selected

## Multi-Press



The reimagined Vitality™ Series Pin Selected Line provides a compact, value-priced conditioning circuit that fits the space and budget requirements for a wide range of facilities, from hospitality to multi-family residential to community centres. New contemporary styling allows you to enhance the Vitality Pin Selected strength training experience with pieces from Vitality Benches & Racks and Resolute Strength™ Pin Selected.

The Vitality™ Series Multi-Press features three machines in one: bench press, incline press and shoulder press. Exercisers can adjust the press arm and seat while on the machine to get into position with proper form. Exercisers can easily engage the add-on weight with a simple push of a lever to increase the workload.



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### Three Exercises, One Machine

The Multi Press saves valuable space by combining three pressing movements — bench press, incline press, shoulder press — in one machine.

### Similar to Free Weight Positions

When using the Multi Press, exercisers will quickly feel how similar it is to using free weights for the same exercises.

### Start Exercising Faster

The remote start adjustment allows the exerciser to easily adjust their start position from within the machine, getting them to their workout faster.

### Helpful Guidance

The conveniently located instructional placard provides step-by-step guidance on body position, movement and muscles worked.

## Specifications

**Dimensions (L x W x H):** 182 x 148 x 175 cm

**Equipment weight:** 258 kg

**Weight Stack:** 109 kg

**Add-on Weight:** 2.5 kg

**Frame and Finish:** Heavy-duty steel tubing is fully welded in all structural areas. Powder-coated frame.

**Warranty:** Visit [www.precor.com](http://www.precor.com) for warranty terms.

## Colour options\*

Frame



Black Pearl

Upholstery



Black

\*Colours may vary.

