# C014BP Vitality™ Series Selectorized Abdominal ∭



The reimagined Vitality<sup>™</sup> Series Selectorized Line provides a compact, value-priced conditioning circuit that fits the space and budget requirements for a wide range of facilities, from hospitality to multi-family residential to community centers. New contemporary styling allows you to enhance the Vitality Selectorized strength training experience with pieces from Vitality Benches & Racks and Resolute Strength<sup>™</sup> Selectorized.

The Vitality<sup>™</sup> Series Abdominal features an unique walk-in-and-use design with no adjustments necessary. The contoured shoulder pads auto-adjust to fit all exercisers conveniently. Cushioned rubber hand grips add comfort. Exercisers can easily engage the add-on weight with a simple push of a lever to increase the work load.





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#### Get to the Workout Quicker

With an open design that requires no adjustments, the Abdominal gets exercisers to their workout quickly.

#### **Focus on Comfort**

Contoured shoulder pads auto-adjust to conveniently fit all exercisers while the cushioned rubber hand grips add comfort and support for the exercise.

#### An Effective Core Workout

The elevated foot rest allows the exerciser to focus on full abdominal contractions, and helps to isolate the necessary muscles for an effective core workout.

#### **Helpful Guidance**

The conveniently located instructional placard provides step-bystep guidance on body position, movement and muscles worked.

### Specifications

Dimensions (L x W x H): 57 x 38 x 60 in / 144 x 97 x 152 cm

Equipment Weight: 480 lb / 218 kg

Weight Stack: 200 lb / 91 kg

Add-on Weight: 5 lb / 2.5 kg

Frame and Finish: Heavy-duty steel tubing is fully welded in all structural areas. Powder coated frame.

Warranty: Visit www.precor.com for warranty terms.

### Color Options\*

Frame

Upholstery

Black Pearl

Black

\*Colors may vary



