## COO5BP

Vitality™ Series Pin Selected

# Leg Extension III



The reimagined Vitality™ Series Pin Selected Line provides a compact, value-priced conditioning circuit that fits the space and budget requirements for a wide range of facilities, from hospitality to multi-family residential to community centres. New contemporary styling allows you to enhance the Vitality Pin Selected strength training experience with pieces from Vitality Benches & Racks and Resolute Strength™ Pin Selected.

The Vitality™ Series Leg Extension features multiple, adjustable start positions for workout flexibility and a self-aligning ankle pad for comfort and convenience. Ratcheting of the adjustable back pad allows for easy alignment of the knee to pivot, for sound biomechanics. Exercisers can easily engage the add-on weight with a simple push of a lever to increase the workload.

















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#### **Seat Angle**

The seat is set at the optimal angle to ensure that exercisers can fully extend their legs and get a complete contraction of the leg muscles.

#### **Adjustable Start Position**

The start position is designed to fit all exercisers and can be easily adjusted.

#### **Ensures Proper Alignment**

The adjustable back pad allows for proper knee-pivot alignment to reduce sheer force on the knee joint.

#### **Helpful Guidance**

The conveniently located instructional placard provides step-bystep guidance on body position, movement and muscles worked.

### Specifications

**Dimensions (L x W x H):** 125 x 114 x 152 cm

**Equipment weight:** 215 kg **Weight Stack:** 91 kg

Add-on Weight: 2.5 kg

Frame and Finish: Heavy-duty steel tubing is fully welded

in all structural areas. Powder-coated frame.

Warranty: Visit www.precor.com for warranty terms.

### Colour options\*

Frame

Upholstery

Black

Black Pearl

\*Colours may vary.

