

## DPL521 Seated Dip

The Discovery Series combines all the functional performance elements demanded from a strength line but with the design and attention to detail you would expect from Precor. The result is an exceptional workout experience for the first-time user or seasoned athlete.

At Precor, we recognize that a great workout is the sum of many parts. In your hands, the products, services and technologies we offer can be combined in countless ways to complement the programs and atmosphere you're creating.







See it in action at precor.com/discovery

Frame	Movemen	t Arms	Frame	Movement Arms
Gloss Metallic Silver	Metallic Ash		Metallic Ash	Gloss Metallic Silver
Gloss White	Metallic Ash		Desert Bronze	Gloss Metallic Silver
Black Magic Gloss	Metallic Ash		Ocean Blue*	Gloss Metallic Silver
Upholstery				
Black A	Mahogany	Imperial Blue	e Paprika	Graphite
Royal Blue S	late	American	Terra Cotta	Black with LED

- The Precor signature color option is available at an additional cost.
- Colors may vary.
  Custom colors available. Please contact a Precor Sales Representative.

The unique motion path of the Discovery Series Plate Loaded Line Seated Dip is achieved through narrow and wide handle positions, that ensures a targeted workout and correct exercise movement. The oversized push-down handles provide a large surface area to reduce pressure. The Seated Dip arms can be configured independently or dependently based on preference at time of install.

## **PRODUCT HIGHLIGHTS**

**Instructional Placards** 

Improve every workout with easy-to-understand, large text-free illustrations that demonstrate correct form at a glance. Users will love the QR codes and URL that provide smart phone links to helpful 30-second instructional videos.

**Easy to Get Started Adjustments** 

Precision adjustments, including highly durable industrial-grade seat adjustments and large, ergonomic rubber adjustment handle, make it easy and comfortable for users.

**Delivers More Effective Workouts** 

Designed to demand greater balance and core muscle engagement, the independent arm resistance, converging and diverging movement paths provide a greater range of motion.

**Upholstery** 

Exercisers will be more comfortable thanks to the premium pads and upholstery—and you'll appreciate the enhanced performance of more durable materials.

**Easy Load and Unload** 

The two weight horns provide over 400 lbs for ample plate storage on your strength floor.

## PRODUCT SPECIFICATIONS

**Dimensions (L x W x H):** 72 x 41 x 37 in / 184 x 103 x 94 cm

Product Weight: 287 lbs / 130 kg

**Starting Weight:** 8 lbs / 3.6 kg Max Load Weight: 360 lbs / 163 kg

Storage Weight Pins 2

Accessories: Rubber feet

**Frame and Finish:** Oversized 4x2-inch frames are 11 and 8-gauge steel and

welded in all structural areas. Powder coated frames.

**Upholstery:** Premium quality upholstery with Beautyguard protective

topcoat finish. Double stitching on all seams.

Warranty: Frame - 10 years

Parts (Mechanical) - 5 years Wear Items - 6 months

Other\*-1 year Labor - 1 year

\*including Hand Grips, End Caps, Cables, Selector Pins, Shrouds

