



PRECOR®

COMMERCIAL CATALOGUE



CARDIO | CONNECTED FITNESS | STRENGTH



WORLD-CLASS FITNESS FOR THE WORLD

At Precor, we work hard to earn customer trust. That means putting the needs of you and your exercisers first — from product design and engineering to sales, installation, and support.

Discover the Precor difference and see why our fitness solutions are preferred by exercisers, trainers, facility operators, and business owners alike in over 100 countries.





CARDIO	6
Treadmills	8
Elliptical Fitness Crosstrainers (EFX®)	10
StairClimber	12
Adaptive Motion Trainers (AMT®)	14
Bikes	16
CONNECTED FITNESS	18
Consoles	20
Preva® Networked Fitness	22
Partnerships & Integrations	24
STRENGTH	26
Resolute™ Pin Selected	28
Vitality™ Pin Selected	38
Discovery™ Plate Loaded	44
Discovery™ Benches & Racks	50
Vitality™ Benches & Racks	58
FTS Glide	62
Functional Pin Selected	64
Core and Stretching	68
SERVICES	70
Planning & Design	72
Financing & Leasing	72
Delivery & Installation	73
Service & Support	73
Movement Library	74

WHY PRECOR

Three reasons why
we're in over 13,000
facilities worldwide

1. PEOPLE-FIRST DESIGN

Our extensive design and engineering process prioritises people — operators, exercisers, and servicers. The result? Easy-to-manage equipment that empowers exercisers.

2. TRUSTED PARTNER

More than just a product supplier, we've provided full-service, total fitness solutions to customers across industries and continents for over 40 years.

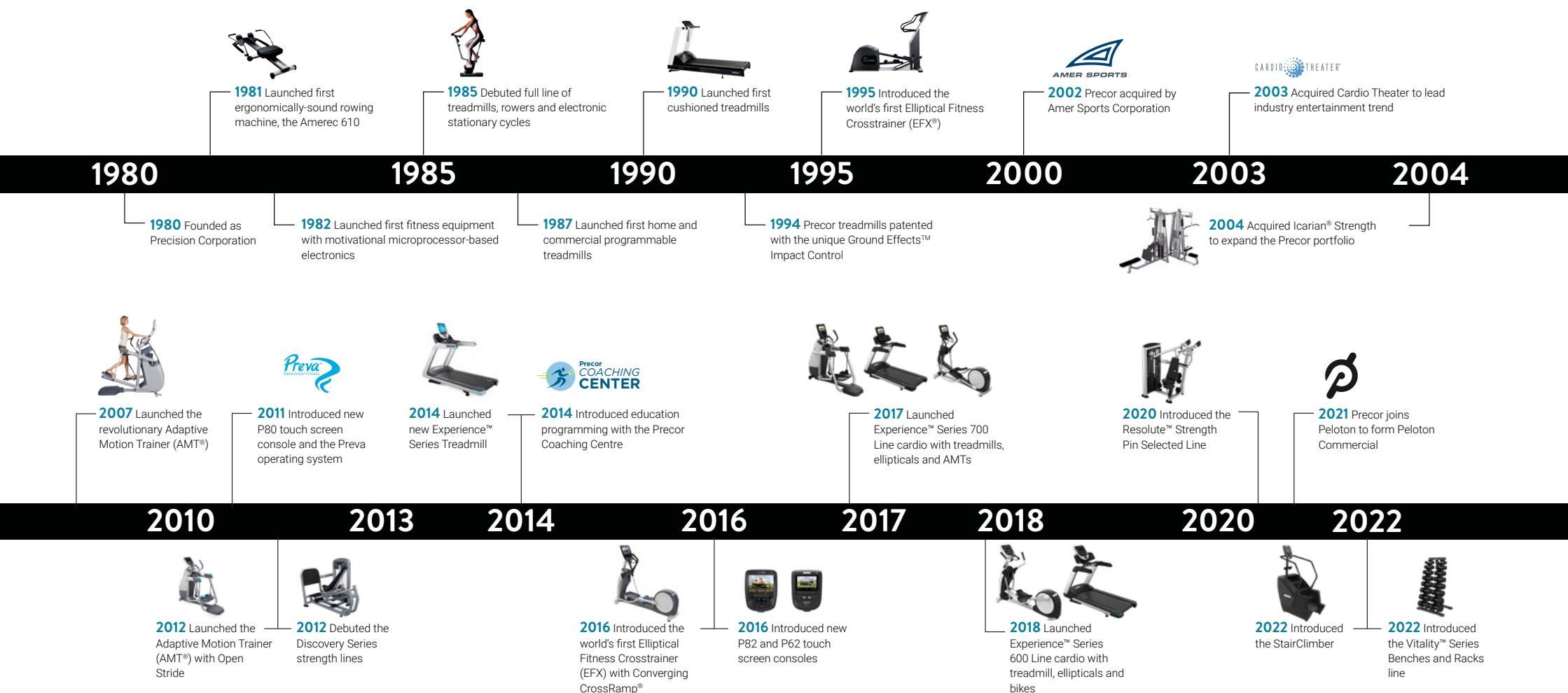
3. GLOBAL SCALE, LOCAL TOUCH

Our network of sales, support, service, and distributor partners ensures you have the help you need, where and when you need it.



One-of-a-kind design, for over 40 years

Our legacy of “firsts” spans the first-ever ergonomic rowing machine and world’s premier elliptical — so you know we’ll keep your exercisers working out on the forefront of industry insight. With over 500 pending and issued patents worldwide, we sweat every detail to build products that are intuitive to use, easy to maintain, and deliver a low cost of ownership.



CARDIO

Proven designs, high-performance parts, and premium materials

“

“The state-of-the-art cardio equipment from Precor fits perfectly with the elegant design of our studio. The crosstrainer with the Converging CrossRamp is particularly popular with our members and provides an extremely pleasant training experience for our exercisers.”

*Lars Ossenbeck, Managing Director
Fit Plus Wildeshausen
Germany*





EXPERIENCE CARDIO

CARDIO

Treadmills	8
Elliptical Fitness Crosstrainers	10
StairClimber	12
Adaptive Motion Trainers®	14
Bikes	16

CARDIO

Treadmills

A line-up built to adapt to anyone who sets foot on them

- **INTEGRATED FOOTPLANT TECHNOLOGY™ (IFT™)**

Recognises natural foot speeds and matches strides for a smooth experience.

- **GROUND EFFECTS® IMPACT CONTROL SYSTEM (GFX®)**

Our patented system that combines ideal cushioning, support and stability.

- **ACTIVE STATUS LIGHT**

Designed to let you know at a glance the operating condition of your treadmill.

- **QUIET & CLEANABLE**

Designed to make less noise and with fewer seams for an easy clean.

[WATCH THE VIDEO »](#)

[DOWNLOAD PRODUCT SPECS »](#)



800 LINE

- Incline range: -3% decline to 15% incline
- Speed: 0.8–25 kph + Auto Stop™
- AC Drive System and next-generation motor controller
- Active Status Light for maintenance status at a glance

Frame colour options



Black Pearl



Storm Grey





700 LINE

- Incline range: 0–15% incline
- Speed: 0.8–19 kph + Auto Stop™
- AC Drive System and next-generation motor controller
- Active Status Light for maintenance status at a glance



600 LINE

- Incline range: 0–15% incline
- Speed: 0.8–19 kph + Auto Stop™
- High-efficiency 3 HP AC motor
- 27 workouts and 19 electronic readouts

CONSOLES



P82



P62



P31

CARDIO

Ellipticals

Machines made to mimic the most natural movement

- **EXCLUSIVE CONVERGING CROSSRAMP® TECHNOLOGY**

Mimics the natural converging path of motion while walking or running.

- **ELLIPTICAL EXPERTS**

We've studied and improved elliptical performance for the 25 years since we invented it.

- **ACTIVE STATUS LIGHT**

Designed to let you know the operating condition of your elliptical at a glance.

- **PROTECT AND MAINTAIN**

Easy to clean and maintain with a covered ramp, frame and pivot joints.

[WATCH THE VIDEO »](#)

[DOWNLOAD PRODUCT SPECS »](#)



800 LINE MOVING HANDLEBARS

- A premium experience with all the bells and whistles
- Converging CrossRamp® is adjustable between 10 and 35 degrees
- Moving handlebars for a total body workout
- Active Status Light

Frame colour options



Black Pearl



Storm Grey





800 LINE FIXED HANDLEBARS

- A premium experience with all the bells and whistles
- Converging CrossRamp® is adjustable between 10 and 35 degrees
- Fixed handlebars for a lower body workout
- Active Status Light



600 LINE MOVING HANDLEBARS

- All the essentials at a value price
- CrossRamp® is adjustable between 10 and 35 degrees
- Moving handlebars for a total body workout

CONSOLES



P82



P62



P31



CARDIO

StairClimber

A low-maintenance, high-impact machine that stays a step ahead

- **LOST ITEM SLIDE**

Earbuds fell into the gap? A unique design returns personal items without the hassle.

- **EASY ON, EASY OFF**

Thoughtful step-on and step-off platforms make it easy for exercisers of all levels.

- **FAST ACCESS**

To decrease downtime, service panels can be removed in under one minute.

- **DYNAMIC STEP CONTROL™**

Creates a consistent step for your size and speed.

[WATCH THE VIDEO »](#)

[DOWNLOAD PRODUCT SPECS »](#)



800 LINE

- Largest step area
- Tested beyond industry standards
- Low maintenance step chain
- Active Status Light
- Recommended ceiling height: 3 m

Frame colour options





CARDIO

Adaptive Motion Trainer®

The only one of its kind that lets you climb, cycle, jog or run without impact

- **OPEN STRIDE™ & DYNAMIC ADJUSTABLE STRIDE LENGTH**

Two features. Four movements. Infinite number of workouts.

- **FULL BODY, BETTER RESULTS**

Push and pull handlebars work the upper body for a total body workout.

- **NEXT-LEVEL CARDIO FITNESS**

Research shows that the AMT® drives a high energy expenditure.

- **SAVE ON SPACE, AND COST OF OWNERSHIP**

Packs a big punch yet low energy use.

[WATCH THE VIDEO »](#)

[DOWNLOAD PRODUCT SPECS »](#)



800 LINE

- An infinite number of workout options
- Adaptive stride length: 0 to 91 cm
- Adjustable stride height: 5 levels, 17 to 25 cm
- 20 resistance levels

Frame colour options



Black Pearl



Storm Grey

CARDIO

Bikes

Easy-to-use fitness staples,
for smooth rides every time

- **STURDY AND SMOOTH**

The well-built, durable frame makes for a stable and comfortable ride.

- **QUIET AND CLEANABLE**

Designed to make less noise and designed with fewer seams for an easy clean.

- **ULTRA-COMFORTABLE SEAT BACK**

Recumbents feature custom-designed, ventilated seat back with unique suspension.

- **ERGONOMICALLY SOUND**

Designed for smooth, biomechanically correct pedalling with extra-wide pedals.

[DOWNLOAD PRODUCT SPECS »](#)



800 LINE UPRIGHT

- Over-moulded handlebars and comfortable saddle design
- Dual-sided pedals with integrated straps
- Simple one-handed seat adjustment
- 25 resistance levels

800 LINE RECUMBENT

- Step-through design
- Ventilated, suspension-mounted air flex seat back
- Dual-sided pedals with integrated straps
- Convenient, one-handed seat adjustment
- 25 resistance levels



Frame colour options



Black Pearl



Storm Grey



600 LINE UPRIGHT

- Over-moulded handlebars and comfortable saddle design
- Over-sized pedals with integrated straps
- Familiar pop-pin seat adjustment
- 12 workouts and 18 electronic readouts



600 LINE RECUMBENT

- Step-through design
- Ventilated, suspension-mounted air flex seat back
- Over-sized pedals with integrated straps
- Simple single-handed seat adjustment
- 12 workouts and 18 electronic readouts

CONSOLES



P82



P62



P31

CONNECTED FITNESS

Personalised platforms for
your exercisers and business

“

“One of the great things about Precor equipment is the console. It's large, interactive, and easy-to-read with access to applications that give the user something extra.”

*Philippe Leroy, Owner,
Le Loft
France*





EXPERIENCE CONNECTED FITNESS

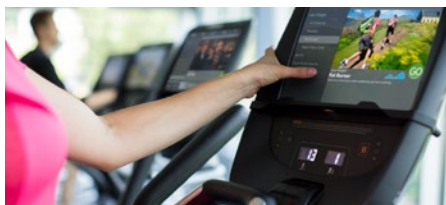
CONNECTED FITNESS

Consoles	20
Preva® Networked Fitness	22
Partnerships & Integrations	24

CONNECTED FITNESS

Consoles

Add another highlight to the facility tour — your cardio floor — featuring consoles from Precor. The clean and proven design of these consoles makes it easy for exercisers, whether new to Precor or familiar, to locate controls, inputs, and adjustments. With a brilliant touchscreen and a simple, intuitive interface, they will draw members deeper into their workout.



- **CAPACITIVE TOUCHSCREEN**

With a few simple swipes, exercisers select their workout, entertainment and get moving.

- **MOBILE DEVICE CHARGER**

All consoles feature a convenient mobile device charger to keep the tunes and entertainment flowing.

- **MOTION CONTROLS**

Large toggle-style controls are within arm's reach making adjustments to speed, resistance and ramps quick and easy.

- **READING RACK**

The perfect spot for phone and tablet viewing with the bonus of a hole for feeding charging cables to the mobile device charger.

- **FEATURED WORKOUT**

The touchscreen consoles promote new workouts everyday to prevent boredom and encourage variety.

[DOWNLOAD PRODUCT SPECS »](#)





P82 TOUCHSCREEN

The P82 is a 15 in (38.1 cm) capacitive touchscreen console with a quad core processor that seamlessly combines a fitness, television and internet experience into one simple design.



P62 TOUCHSCREEN

The P62 is a 10 in (25.7 cm) capacitive touchscreen console with a dual core processor that injects contemporary design and a premium networked fitness experience to the cardio floor.



P31 LED

P31 has a powerful combination of smarts and good looks to work harder for you, your servicers and your exercisers. Available with an optional personal viewing system, or an integrated audio receiver.

CONNECTED FITNESS

Preva[®] Networked Fitness

Media and metrics to keep your exercisers motivated and you up to speed

- **SYNC UP**

100+ countries connected.

- **GLOBAL CONNECTIONS**

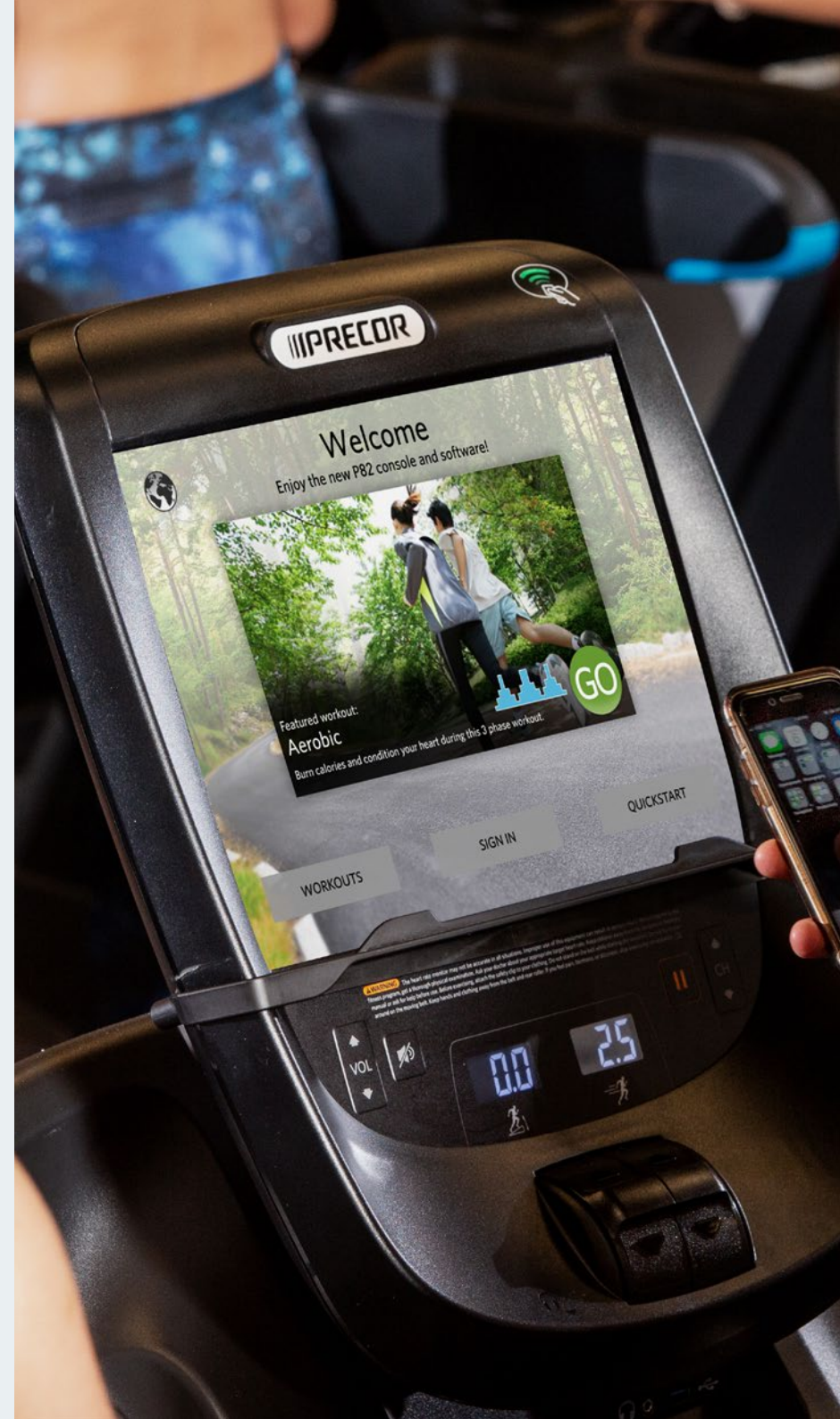
More than 14,000 facilities worldwide.

- **SCREEN TIME**

Over 143,000 consoles around the world and growing.

- **MILEAGE MATTERS**

More than 1 billion workouts recorded and growing every second.





Delight your exercisers to drive retention

- **PREVA: THE CARDIO CONNECTON**

Preva is our operating system that pairs with a console of your choice. It connects you to the facility floor and connects your exercisers to everything they need — music, films and more.

- **ON-POINT ENTERTAINMENT**

Preva gives your exercisers access to media like video on demand (VOD) with curated YouTube® playlists plus the ability to connect to personal streaming accounts like Spotify® and Netflix®.

- **INTERFACE WITH INTELLIGENCE**

Better insights are better for everyone. Preva helps exercisers measure activity and track goals and workouts while giving you access to data and insights across your facility.

- **STRENGTHEN YOUR CONNECTION**

Stay connected through Preva Mobile at any time, and keep in touch with your exercisers to keep them motivated. You can even customise the interface to match your branding.



Partnerships and integrations



ClubCom leverages the industry-leading Preva open platform to provide custom branded and dedicated tiles that connect to your on-demand video library, personal trainer profiles, group exercise schedules and much more.



Integrating the EGYM cardio training system with Precor cardio equipment makes fitness training easier, more intuitive and motivating. Smart Workouts, an automated system with a brief fitness assessment, targets exercisers with cardio programs that are personalized to each individual and incorporate gamification, making them fun and engaging.



By means of powerful mathematical algorithms, Vitale can take into account an exerciser's current fitness level, state of mind, available time, training facilities, weekly training frequency and equipment at their disposal to offer a fully personalised and varied training plan with month-by-month changes, to adapt to their progress.



Gantner offers facilities a fully integrated solution for access control, check-in, locker systems, cashless payments and ticket servicing. Furthermore, through RFID technology, members can use their Preva® token to open their locker and access the facility, subsequently streamlining their membership experience.



elan is a club management system that enables members to pay for their membership and other items on offer at their club. elan also allows members to complete operational tasks, such as booking classes or providing the club with feedback. The integration with Preva® offers users RFID log in capabilities in addition to customised console screens based on their membership level.

A close-up, low-angle shot of a person's hands and arms as they work out on a gym machine. The person is wearing a black athletic top. The machine has a silver handle and a black frame. The background is slightly blurred, showing other gym equipment and a person's leg in a black legging.

STRENGTH

Durable and adaptable
strength equipment

“

“We’ve always had one of London’s most extraordinary exercise spaces, but now we also have the latest in high-quality strength equipment to complete the experience that appeals to first-time users and seasoned trainers alike.”

Olivier Deen, General Manager

Jubilee Hall Gym

United Kingdom



EXPERIENCE
STRENGTH

STRENGTH

Resolute™ Pin Selected	28
Vitality™ Pin Selected	38
Discovery™ Plate Loaded	44
Discovery™ Benches & Racks	50
Vitality™ Benches & Racks	58
FTS Glide	62
Functional Pin Selected	64
Core & Stretching	68



STRENGTH

Resolute™ Pin Selected

Smooth, quiet operation and a variety of motion paths

- **OPTIMISED FOR THE LONG HAUL**

1.2 million cycles of testing so equipment lasts and looks great while doing it.

- **EASY TO USE**

Illustrated instructions and QR codes leading to teaching and tips from a fitness professional will inspire multiple workouts.

- **BUILT WITH EVERY BODY IN MIND**

Re imagined position and performance design optimises function for all exercisers.

- **HIGH QUALITY, SAY “HELLO” TO PREMIUM DESIGN**

From grips to finishes, every detail is designed for lasting quality and ease of use.

[WATCH THE VIDEO »](#)

[DOWNLOAD PRODUCT SPECS »](#)



THREE YEARS OF BLOOD, SWEAT AND TEARS

With decades of industry experience and three years of studying, developing and testing, we designed these premium, biomechanically sound products to fit the unique needs of every exerciser.

Frame colour options



Black Pearl



Gloss Metallic Silver

Upholstery colour options



Black



All Spice



Grey

Resolute™ Pin Selected Upper Body



RSL0204
BICEPS CURL

Dimensions (LxWxH)

122 x 110 x 148 cm

Weight 197 kg

Weight Stack 73 kg



RSL0208
TRICEPS EXTENSION

Dimensions (LxWxH)

122 x 110 x 148 cm

Weight 209 kg

Weight Stack 73 kg



RSL0215
SEATED DIP

Dimensions (LxWxH)

140 x 121 x 148 cm

Weight 266 kg

Weight Stack 109 kg



RSL0310
DIVERGING SEATED ROW

Dimensions (LxWxH)

160 x 139 x 148 cm

Weight 280 kg

Weight Stack 109 kg



RSL0314
DIVERGING LAT PULLDOWN

Dimensions (LxWxH)

146 x 126 x 206 cm

Weight 266 kg

Weight Stack 109 kg



RSL0324
DIVERGING LOW ROW

Dimensions (LxWxH)

201 x 121 x 148 cm

Weight 264 kg

Weight Stack 109 kg

Resolute™ Pin Selected upper/lower body



RSL0414
CONVERGING CHEST PRESS

Dimensions (LxWxH)

185 x 126 x 185 cm

Weight 269 kg

Weight Stack 109 kg



RSL0504
LATERAL RAISE

Dimensions (LxWxH)

137 x 125 x 148 cm

Weight 231 kg

Weight Stack 73 kg



RSL0505
REAR DELT PEC FLY

Dimensions (LxWxH)

142 x 97 x 214 cm

Weight 265 kg

Weight Stack 109 kg



RSL0515
CONVERGING SHOULDER PRESS

Dimensions (LxWxH)

155 x 150 x 152 cm

Weight 253 kg

Weight Stack 91 kg



RSL0618
GLUTE EXTENSION

Dimensions (LxWxH)

137 x 102 x 148 cm

Weight 216 kg

Weight Stack 73 kg



RSL0623
SEATED CALF EXTENSION

Dimensions (LxWxH)

135 x 112 x 148 cm

Weight 311 kg

Weight Stack 182 kg

Resolute™ Selectorized lower body



RSL0602
LEG PRESS

Dimensions (LxWxH)

196 x 122 x 148 cm

Weight 375 kg

Weight Stack 182 kg



RSL0605
LEG EXTENSION

Dimensions (LxWxH)

155 x 127 x 148 cm

Weight 280 kg

Weight Stack 109 kg



RSL0606
PRONE LEG CURL

Dimensions (LxWxH)

155 x 122 x 148 cm

Weight 235 kg

Weight Stack 91 kg



RSL0619
SEATED LEG CURL

Dimensions (LxWxH)

160 x 122 x 148 cm

Weight 277 kg

Weight Stack 109 kg



RSL0620
INNER THIGH

Dimensions (LxWxH)

180 x 76 x 148 cm

Weight 260 kg

Weight Stack 91 kg



RSL0621
OUTER THIGH

Dimensions (LxWxH)

180 x 76 x 148 cm

Weight 260 kg

Weight Stack 91 kg

Resolute™ Pin Selected core



RSL0315
ROTARY TORSO

Dimensions (LxWxH)

122 x 110 x 148 cm

Weight 210 kg

Weight Stack 73 kg



RSL0313
BACK EXTENSION

Dimensions (LxWxH)

122 x 124 x 148 cm

Weight 242 kg

Weight Stack 91 kg



RSL0714
ABDOMINAL

Dimensions (LxWxH)

130 x 119 x 148 cm

Weight 254 kg

Weight Stack 73 kg





STRENGTH

Vitality™ Pin Selected

Luxe look, compact and a variety of motion paths

- **DUALS DELIVER 2 FOR 1**

More than half of the Vitality line features dual exercise models.

- **UPSCALE CONTEMPORARY STYLING**

Easily blends with Vitality Benches & Racks and Resolute Strength™ Pin Selected.

- **EASY TO USE**

Step-by-step placards are a helpful boost in unstaffed facilities.

- **DESIGNED WITH LIMITED SPACE IN MIND**

All models have a smaller footprint and low profile design.



OPTIMISED FOR THE LONG HAUL

Vitality Series Pin Selected delivers on what's vital in a comprehensive conditioning circuit: workout variety, ease of use, space efficiency — all at a budget-friendly price.

[DOWNLOAD PRODUCT SPECS »](#)

Frame colour options



Black Pearl

Upholstery colour options



Black

Vitality™ Pin Selected upper body



VSL001BP
CHEST PRESS

Dimensions (LxWxH)

99 x 132 x 176 cm

Weight 222 kg

Weight Stack 109 kg



VSL015BP
REAR-DELT / PEC FLY

Dimensions (LxWxH)

142 x 137 x 199 cm

Weight 241 kg

Weight Stack 109 kg



VSL024BP
MULTI-PRESS

Dimensions (LxWxH)

183 x 148 x 176 cm

Weight 257 kg

Weight Stack 109 kg



VSL025BP

BICEPS CURL / TRICEP EXTENSION

Dimensions (LxWxH)

132 x 107 x 152 cm

Weight 203 kg

Weight Stack 78 kg



VSL026BP

PULLDOWN

Dimensions (LxWxH)

201 x 131 x 221 cm

Weight 228 kg

Weight Stack 100 kg



VSL014BP

ABDOMINAL

Dimensions (LxWxH)

145 x 97 x 152 cm

Weight 228 kg

Weight Stack 91 kg

Vitality™ Pin Selected lower body



VSL005BP
LEG EXTENSION

Dimensions (LxWxH)

124 x 114 x 152 cm

Weight 221 kg

Weight Stack 91 kg



VSL008BP
INNER / OUTER THIGH

Dimensions (LxWxH)

165 x 81 x 152 cm

Weight 201 kg

Weight Stack 77 kg



VSL010BP
LEG PRESS / CALF EXTENSION

Dimensions (LxWxH)

193 x 112 x 176 cm

Weight 289 kg

Weight Stack 134 kg



VSL027BP
LEG EXTENSION / LEG CURL

Dimensions (LxWxH)

140 x 114 x 152 cm

Weight 265 kg

Weight Stack 109 kg

“

“Precor’s Plate Loaded stations are heavy duty and durable, but easy to work with — it’s simple and non-intimidating. We are seeing more and more members venturing into our strength area thanks to Precor.”

*Nicolas Gavrielides, Operations Manager
Neoness
France*



Discovery™ Plate Loaded

Put some luxe in that lift

- **DESIGNED FOR THE MASSES TO ADD MASS**

Approachable and easy for first timers, but adaptive for the seasoned athlete.

- **LONG-LIVED PERFORMANCE**

Durable, solid frame built to perform for the long run and the most intense use.

- **SIMPLE SOPHISTICATION**

Premium finish, clean lines and open design make sure the look stands the test of time.

[DOWNLOAD PRODUCT SPECS »](#)



DPL0802 SMITH MACHINE

Dimensions (LxWxH)

148 x 213 x 231 cm

Weight 188 kg

Start Weight 16 kg

Max. Lift Load Capacity 272 kg

Angle of Glide Path 11 degrees

Frame colour options



Black Pearl



Gloss Metallic Silver

Upholstery colour options



Black



All Spice



Grey

Discovery™ Plate Loaded



DPL0603 HACK SQUAT

Dimensions (LxWxH)
208 x 162 x 148 cm
Weight 220 kg
Start Weight 40 kg
Max. Lift Load Capacity 327 kg



DPL0601 ANGLED LEG PRESS

Dimensions (LxWxH)
244 x 145 x 145 cm
Weight 270 kg
Start Weight 62 kg
Max. Lift Load Capacity 490 kg



DPL0616 CALF RAISE

Dimensions (LxWxH)
150 x 76 x 102 cm
Weight 75 kg
Start Weight 11 kg
Max. Lift Load Capacity 204 kg



DPL0624
SQUAT MACHINE

Dimensions (LxWxH)
231 x 170 x 155 cm
Weight 226 kg
Start Weight 18 kg
Max. Lift Load Capacity 245 kg



DPL0520
BICEPS CURL

Dimensions (LxWxH)
135 x 97 x 122 cm
Weight 117 kg
Start Weight 5.4 kg
Max. Lift Load Capacity 102 kg



DPL0521
SEATED DIP

Dimensions (LxWxH)
183 x 104 x 94 cm
Weight 130 kg
Start Weight 3.6 kg
Max. Lift Load Capacity 163 kg

Discovery™ Plate Loaded



DPL0540
CHEST PRESS

Dimensions (LxWxH)

110 x 170 x 176 cm

Weight 160 kg

Start Weight 5.5 kg

Max. Lift Load Capacity 204 kg



DPL0541
INCLINE PRESS

Dimensions (LxWxH)

110 x 198 x 179 cm

Weight 157 kg

Start Weight 5.5 kg

Max. Lift Load Capacity 204 kg



DPL0550
SHOULDER PRESS

Dimensions (LxWxH)

145 x 155 x 157 cm

Weight 141 kg

Start Weight 4.5 kg

Max. Lift Load Capacity 163 kg



DPL0305
PULLDOWN

Dimensions (LxWxH)
168 x 130 x 194 cm
Weight 148 kg
Start Weight 2.5 kg
Max. Lift Load Capacity 204 kg



DPL0309
SEATED ROW

Dimensions (LxWxH)
148 x 127 x 124 cm
Weight 154 kg
Start Weight 4.5 kg
Max. Lift Load Capacity 204 kg



DPL0311
INCLINE LEVER ROW

Dimensions (LxWxH)
190.5 x 99 x 121 cm
Weight 87 kg
Start Weight 18 kg
Max. Lift Load Capacity 127 kg

STRENGTH

Discovery™ Benches & Racks

The perfect tools for seasoned lifters and those new to strength training

- **BUILT FOR THE MASSES TO ADD MASS**

Approachable and easy for first-timers, but adaptive for the seasoned athlete.

- **LONG-LIVED PERFORMANCE**

Intelligent design and optimised durability, so you can make your strength purchase with confidence.

- **CONVENIENT STORAGE**

Thoughtful and functional built-in storage puts accessories within reach.

[DOWNLOAD PRODUCT SPECS »](#)





DBR0610 POWER RACK

Dimensions (LxWxH)

211 x 160 x 250 cm

Weight 278 kg

Weight Storage Horns 10

Max. Lift Load Capacity 363 kg

Max. Storage Weight 817 kg

Frame colour options



Black Pearl



Gloss Metallic Silver



DBR0611 HALF RACK

Dimensions (LxWxH)

180 x 155 x 250 cm

Weight 205 kg

Weight Storage Horns 10

Max. Lift Load Capacity 272 kg

Max. Storage Weight 817 kg

Upholstery colour options



Black



OPTIONAL HALF RACK & POWER RACK ACCESSORIES

- Band Peg Kit (pair)
 - Combo Rack Connector Kit
 - Side by Side Connector Kit
 - Reverse Bar Catches
 - Torso Trainer
 - Dip Station (Power Rack only)
 - Olympic Lifting Platforms and inserts (9.4 cm thick, approximately 244 cm W x 183 cm D, excluding inserts).
- A custom logo option is available at an additional cost

Discovery™ Benches & Racks



DBR0608
OLYMPIC SQUAT RACK

Dimensions (LxWxH)
171 x 163 x 189 cm
Weight 124 kg
Weight Storage Horns 8
Max. Lift Load Capacity 273 kg
Max. Storage Weight 798 kg



DBR0408
OLYMPIC FLAT BENCH

Dimensions (LxWxH)
183 x 165 x 130 cm
Weight 85 kg
Weight Storage Horns 8
Max. Lift Load Capacity 227 kg
Max. Storage Weight 798 kg



DBR0410
OLYMPIC INCLINE BENCH

Dimensions (LxWxH)
201 x 165 x 140 cm
Weight 100 kg
Weight Storage Horns 8
Max. Lift Load Capacity 227 kg
Max. Storage Weight 798 kg



DBR0411
OLYMPIC DECLINE BENCH

Dimensions (LxWxH)
211 x 165 x 130 cm
Weight 98 kg
Weight Storage Horns 8
Max. Lift Load Capacity 227 kg
Max. Storage Weight 798 kg



DBR0119
MULTI-ADJUSTABLE BENCH

Dimensions (LxWxH)
140 x 75 x 46 cm
Weight 48 kg
Max. Lift Load Capacity 182 kg



DBR0101
FLAT BENCH

Dimensions (LxWxH)
132 x 76 x 38 cm
Weight 29 kg
Max. Lift Load Capacity 182 kg

Discovery™ Benches & Racks



DBR0116
MULTI-PURPOSE BENCH

Dimensions (LxWxH)
125 x 76 x 84 cm
Weight 37 kg
Max. Lift Load Capacity 182 kg



DBR0113
ADJUSTABLE DECLINE BENCH

Dimensions (LxWxH)
147 x 76 x 112 cm
Weight 57 kg
Max. Lift Load Capacity 182 kg



DBR0202
PREACHER CURL BENCH

Dimensions (LxWxH)
107 x 94 x 91 cm
Weight 58 kg
Max. Lift Load Capacity 182 kg



DBR0312
BACK EXTENSION

Dimensions (LxWxH)
135 x 102 x 76 cm
Weight 64 kg
Max. Lift Load Capacity 45.4 kg



DBR0702
VERTICAL KNEE-UP

Dimensions (LxWxH)
69 x 109 x 168 cm
Weight 91 kg
Max. Lift Load Capacity 45.4 kg



DBR0808
BARBELL RACK

Dimensions (LxWxH)
104 x 86 x 150 cm
Weight 83 kg
Max. Storage Weight 363 kg

Discovery™ Benches & Racks



DBR0818
HANDLE RACK

Dimensions (LxWxH)

94 x 66 x 107 cm

Weight 58 kg

Max. Storage Weight 227 kg



DBR0817
WEIGHT PLATE TREE

Dimensions (LxWxH)

65 x 75 x 119 cm

Weight 35 kg

Weight Storage Horns 6

Max. Storage Weight 454 kg



DBR0813
BEAUTY BELL RACK

Dimensions (LxWxH)

130 x 77 x 104 cm

Weight 93 kg

Max. Storage Weight 181.5 kg



DBR0814
3 TIER, 10 PAIR DUMBBELL RACK

Dimensions (LxWxH)
130 x 77 x 104 cm
Weight 97 kg
Max. Storage Weight 227 kg



DBR0812
2 TIER, 10 PAIR DUMBBELL RACK

Dimensions (LxWxH)
221 x 71 x 81 cm
Weight 94 kg
Max. Storage Weight 726 kg



DBR0815
3 TIER, 15 PAIR DUMBBELL RACK

Dimensions (LxWxH)
221 x 77 x 107 cm
Weight 136 kg
Max. Storage Weight 544 kg

STRENGTH

Vitality™ Benches & Racks

Offers great exercise variety for smaller spaces

- **MAKE A STRONG FIRST IMPRESSION**

High-quality materials and construction deliver a premium appearance for years to come.

- **MEETS THE PREMIUM STANDARD**

Tested and warranted to the same standards as our premium strength lines.

- **DESIGNED TO COMPLEMENT**

Mixes and matches with FTS Glide, Resolute Strength and Discovery Series.

[DOWNLOAD PRODUCT SPECS »](#)





VBR6117
FLAT INCLINE DECLINE BENCH

Dimensions (LxWxH)
137 x 76 x 46 cm
Weight 37 kg
Max. Lift Load Capacity 91 kg



VBR6804
3 TIER, 10 PAIR FLAT DUMBBELL RACK

Dimensions (LxWxH)
122 x 76 x 99 cm
Weight 65 kg
Max. Storage Weight 249 kg



VBR6805
3 TIER, 15 PAIR FLAT DUMBBELL RACK

Dimensions (LxWxH)
203 x 76 x 99 cm
Weight 96 kg
Max. Storage Weight 544 kg

Frame colour options



Black Pearl

Upholstery colour options



Black

Vitality™ Benches & Racks



VBR6809

VERTICAL 8 PAIR DUMBBELL RACK

Dimensions (LxWxH)

64 x 79 x 141 cm

Weight 40 kg

Max. Storage Weight 163 kg



VBR6814

3 TIER, 10 PAIR SADDLE DUMBBELL RACK

Dimensions (LxWxH)

142 x 76 x 102 cm

Weight 63 kg

Max. Storage Weight 249 kg



VBR6815

3 TIER, 15 PAIR SADDLE DUMBBELL RACK

Dimensions (LxWxH)

208 x 76 x 102 cm

Weight 81 kg

Max. Storage Weight 544 kg



VBR6820B
2 TIER, HORIZONTAL KETTLEBELL SHELF

Dimensions (LxWxH)

122 x 76 x 58 cm

Weight 43 kg

Max. Storage Weight 255 kg



VBR6820
UTILITY AND ACCESSORY STORAGE*

Dimensions (LxWxH)

165 x 76 x 234 cm

Weight 82 kg

Max. Storage Weight 322 kg

*Unit includes kettlebell shelves



PRECOR FTS GLIDE



STRENGTH

FTS Glide

Compact functional training system that delivers near-endless possibilities

- **SMALL PACKAGE. BIG PUNCH.**

A serious full-body workout in the compact footprint of a single machine.

- **ONE MACHINE. LIMITLESS POTENTIAL.**

Push, pull, press, curl and extend for dozens of workouts for every muscle.

- **RELIABLY DURABLE**

Equipment that stands the test of time, backed by industry-best service.

- **EASY TO USE**

Illustrated instructions teach and inspire multiple workouts.

- **CONVENIENT STORAGE**

Thoughtful and functional built-in storage puts accessories within reach.

[WATCH THE VIDEO »](#)

[DOWNLOAD PRODUCT SPECS »](#)



FTS GLIDE FUNCTIONAL TRAINING SYSTEM

Dimensions (LxWxH)

135 x 122 x 216 cm

Weight 305 kg

Weight Stack 2 x 91 kg

Frame colour options



Black Pearl



Gloss Metallic Silver

STRENGTH

Functional Pin Selected

A tried and true must-have for your functional strength area

- **TRAIN FOR DAY-TO-DAY DEMANDS**

Pushing-pulling-twisting-lifting movements prepare exercisers for life.

- **ADD TRAINING VARIETY**

Choose from an assortment of optional handles, grips and bars.

- **PROVEN RECORD**

With decades of real world use, you can count on our Multi-Stations for the long haul.

[DOWNLOAD PRODUCT SPECS »](#)





302
LONGPULL

Dimensions (LxWxH)

282 x 110 x 236 cm

Weight 268 kg

Weight Stack 114 or 136 kg

Frame colour options



Black Pearl



Gloss Metallic Silver



304
PULLDOWN

Dimensions (LxWxH)

185 x 110 x 234 cm

Weight 248 kg

Weight Stack 114 or 136 kg

Upholstery colour options



Black



320
DIP-CHIN ASSIST

Dimensions (LxWxH)

155 x 137 x 236 cm

Weight 289 kg

Weight Stack 91 kg

Functional Pin Selected



FTS
FUNCTIONAL TRAINING SYSTEM

Dimensions (LxWxH)

249 x 148 x 231 cm

Weight 382 kg

Weight Stack 86 kg



407B
ADJUSTABLE CABLE CROSSOVER

Dimensions (LxWxH)

447 x 110 x 231 cm

Weight 396 kg

Weight Stack 68 kg



820
MULTI-GYM

Dimensions (LxWxH)

465 x 401 x 234 cm

Weight 1475 kg

Optional add-on weights



CW2205
5-STACK

Cable Crossover, Pulldown, Longpull, Adjustable Hi-Lo Pulley

Other Configurations

CW2190 4-Stack Cable Crossover, Pulldown, Longpull

CW2200 5-Stack Cable Crossover, Pulldown, Longpull, Adjustable Hi/Lo Pulley



CORE AND STRETCHING

Strengthen and stretch off the floor

AB-X

The unique “floating pivot point” design of the Ab-X creates the ideal “crunch” movement while the contoured pads reduce stress to neck and shoulders.

STRETCHTRAINER™ 240I

The StretchTrainer 240i enables exercisers to prepare their bodies for a stronger and more satisfying workout.

[WATCH THE VIDEO »](#)

[DOWNLOAD PRODUCT SPECS »](#)



AB-X

Dimensions (LxWxH)

173 x 91 x 97 cm

Weight 68 kg

Frame colour options



Gloss Metallic Silver



STRETCHTRAINER 240I

Dimensions (LxWxH)

132 x 71 x 91 cm

Weight 25 kg

Upholstery colour options



Black

SERVICES

Full-service offerings, tailored to help your brand or community grow

“

“Club image is very important to us, so we need our equipment working faultlessly at all times. We’ve always received attentive and professional service from Precor, and the package has more than paid for itself.”

Adria Santamaria, Club Manager

Anytime Fitness

Spain





SERVICES

Planning & Design	72
Financing & Leasing	72
Delivery & Installation	73
Service & Support	73
Movement Library	74



SERVICES

Planning & Design

Our complete, customised approach to design enables you to create a totally unique fitness environment that reflects your membership profile and represents the aspirations of your business.

- Complete design and project management
- Visualisation using 2D and 3D graphics
- Inspirational use of space and natural light
- Custom design tailored to individual requirements
- Access and accessibility as defined by the Americans with Disabilities Act (ADA)
- Audio/visual planning

[GO TO SPACE PLANNER »](#)

Financing & Leasing

We realise that every business is unique, which is why we have dedicated, experienced professionals work with you. In strategic partnership with many financial institutions, they'll help assemble financing and leasing packages that meet the needs of your business.

- We have highly knowledgeable and experienced staff to help you make the right decisions for your business
- We can offer a variety of financing solutions
- We are committed to providing you with a fast, efficient and enjoyable financing experience

[CONTACT SALES »](#)





Delivery & Installation

The moment you place your order, we begin the process of making sure you're completely satisfied. From pre-installation site surveys to equipment training and documentation at installation, our team provides first-class communication and attention to detail.

Our extensive network of equipment and AV installers spans the world. We provide them with ongoing service and technical training, so you can be assured of our high standards for quality installation.

[LEARN MORE »](#)



Service & Support

Our warranties and extended warranties provide comprehensive coverage from the start. Adding preventative maintenance keeps your equipment running in top shape and when your warranty expires, we offer service agreement options that keep your equipment going. Our payment programmes take the surprises and guesswork out of your equipment maintenance and repair.

[LEARN MORE »](#)



SERVICES

Movement Library

Quickly access more than a thousand movements and tutorials for Precor cardio, strength, Queenax®, and other functional training equipment to support your training and business.

- English-only video and written materials for the time-sensitive fitness educator
- Includes guidelines for safe set up of equipment and movements
- Content is driven by industry trends and fundamental exercise principles
- Free of charge, 24/7 open-access

[GO TO MOVEMENT LIBRARY »](#)

Trademark Notice

AutoStop, Discovery, Dynamic Step Control, Experience, Integrated Footplant Technology, IFT, Open Stride, Queenax, Resolute, StretchTrainer and Vitality are trademarks of Precor Incorporated. Adaptive Motion Trainer, AMT, CrossRamp, EFX, Ground Effects, Icarian and Preva are registered trademarks of Precor Incorporated. ClubCom is a registered trademark of ClubCom, LLC. EGYM is a registered trademark of eGym GmbH. elan is a registered trademark of Hedgehog Concept Limited. Vitale is a registered trademark of Intelligent System Vitale, S.L. Gantner is a registered trademark of Gantner Electronic GMBH. The Bluetooth® word mark and logos are registered trademarks owned by the Bluetooth SIG, Inc. and any use of such marks by Precor is under license. Other names in this document and all documents included in this catalogue may be the trademarks or registered trademarks of their respective owners.

Intellectual Property Notice

Precor is widely recognised for its innovative, award-winning designs of exercise equipment. Precor aggressively seeks U.S. and foreign patents for both the mechanical construction and the visual aspects of its product design. Any party contemplating the use of Precor product designs is hereby forewarned that Precor considers the unauthorised appropriation of its proprietary rights to be a very serious matter. Precor will aggressively pursue all unauthorised appropriation of its proprietary rights.



A woman with dark hair tied back, wearing a blue hoodie and a white headband, is running on a black Precor treadmill. She is wearing white earbuds and looking forward with a focused expression. The treadmill has the 'PRECOR' logo on its console. The background shows a gym interior with wooden paneling and other exercise equipment.

“

“As the UAE’s flagship fitness hub, and the region’s largest facility, we needed world-class equipment and technology to cement our position. We have an extraordinary exercise space and Precor offered the latest in high-quality equipment to complete the experience.”

*Nikesh Naik,
General Manager Wellfit Dubai,
UAE*



PRECOR FITNESS LTD

Quatro House, Lyon Way, Frimley,
Camberley GU16 7ER
T: +44 (0) 1276 548528
E: info@precor.com
www.precor.international

© Precor Incorporated 2022. The information contained within this catalogue is correct at the time of printing.
Precor reserves the right to make any changes without prior notice. November 2022.

